

OBJECTIVES OF THE FIRST 30 DAYS

You will find that the first 30 days will free you from outside peer-pressure, giving you time-out to reconstruct your abilities to manage your time properly and to renew your reading and study skills.

We hope that you will be able to reflect in a positive way on your past, becoming aware of it and the hopelessness of trying to change it. That will give strength to the preparation of your future.

It is our aim to direct you to a further understanding of God as a Father who has a keen interest in all that you have done and will do.

It is also our aim to teach you how to understand the feelings and problems that hold back your future. You need to plan for a future. That will take careful planning and hard work. Essential to your restoration is repentance of the past and a spiritual renewal, letting Christ Jesus lead and direct through studies and learning to do the right thing because it is the right thing to do.

Remember, no one plans to fail, they just fail to plan. Let God into your heart and He will give you the plan.

NOTE: All homework, privileges, responsibilities, and duties depend on your phase. The following will explain this system.

1. PHASE I – ORIENTATION (TWO STAGES).

First sixty (60) days

First thirty (30) days

1. Recipient becomes acclimated to our environment.
2. Recipient is never to be alone on or off the complex without permission. Recipient must be accompanied off the complex with either: two phase II's, one phase III, or one phase IV escort, unless on a job assignment.
3. Recipient is **not to talk to anyone** outside of the group for any reason unless given permission to do so.
4. Recipient may have a maximum of **\$5.00** in pocket.
5. Recipient may not answer the phone unless given specific instructions to do so.
6. Recipient must not accept anything from anyone outside of the ministry.

Assigned Studies Phase IA

NOTE: All written work must have the following information clearly written on the top of the page: Name, date, and subject.

1. Learn basic scriptures (5 assigned plus 5 of your own)

5 assigned: John 1:12, Romans 7:17-18, Romans 12:2, Galatians 5:17-18, Ephesians 2:8-9

- a) A one hundred fifty (150) word summary of each verse must be turned in.
- b) Before each evaluation you will be given a memory verse test. You will be required to write out each of the assigned verses.

2. Write a story using at least 20 feeling words (at least 300 words). Underline each feeling word used.
3. Write down each feeling word used above and give its definition.

If you have not done this prior to entrance:

4. Write out in long hand the first 10 chapters of Proverbs.
5. Write out in long hand the entire book of James.

Considering that you have completed work designed for the first 30 days, we can start on a new adventure. However, if Phase 1-A is not completed, you will need to reassess your studies. This will be done by working with your assigned discipler, work leader or the director or his assistant.

B. Thirty one (31) to sixty (60) days.

- a. Recipient is never to be alone on or off the complex without permission. Recipient must be accompanied off the complex with either: two phase II's, one phase III, or one phase IV escort, unless on a job assignment.
- b. Recipient must have permission to talk to anyone outside of the ministry unless in Sunday school or church services.
* You must have permission to talk to those of the opposite sex regardless of Sunday school or church services.
- c. Recipient may have a maximum of **\$5.00** in pocket.
- d. Recipient may request and have two (2) visits per month.
- e. Recipient needs to start establishing a prayer partner or friend outside of the ministry.

Assigned Studies Phase 1B

1. Begin **FIRST STEP** work-sheet. Begin with powerlessness (A-M), then unmanageability (A-J). Answer each question fully. You may turn one question at a time. Clearly label each page either powerlessness or unmanageability and the letter corresponding to the question.

NOTE: The FIRST STEP requires careful self analysis. You must face yourself! Write down examples and details of your behavior that will prove to you the reality of your powerlessness and unmanageability.

2. Identify and list **resentments** that are considered personal. Turn in a list with at least 5 individuals that you have a resentment toward. Give their name and why you would have a resentment toward them.
3. Identify 5 more verses out of Seekers Theology.
 - a. A one hundred fifty (150) word summary of each verse must be turned in.
 - b. Commit these verses to memory.
4. Attend Seekers and complete homework assigned.

Employment Options

1. You may take a job that may become permanent employment when you complete the program
2. You may work in a training program which trains you in a skill that may make you a desirable employee for the rest of your life. You may choose to find permanent employment in that field.
3. You may prepare to become a Manager of a Ministry business that already exists or is to be set up.
4. You may continue with the project you were assigned to during your first 30 days.

Loss of time (re-starts or set-backs) may or may not affect your job or training. Each man and each circumstance will be evaluated on its own merit.

None of the privileges or rules that pertain to your progress is affected by your job status, however, your progress or job status can be affected by your behavior in program or job matters.

All income generated from any of the above activities is the property of the Ministry and is considered to be donations for the support and training expenses of others. After 6 months a \$12.00 weekly stipend can be paid to men who are working at projects which generate income as long as they are also meeting assigned work and Bible study requirements.

A LOOK TOWARD PHASE II

In Phase II, you will be asked to take the responsibility of discipling someone else. This means that you will have to see that they are ready for testing and that they have turned in their homework.

Depending on your progress, you may be put in charge of a house, work crew, or be given a role in Kid's Church. You will have to have your electives established & a commitment made to them.

As house leader, the cleanliness of the house and yard will be your responsibility. You must delegate the necessary tasks to others and take your rightful share of tasks yourself to see that the house and yard are kept clean.

Keeping order and leading group may become part of your duties. If so, you will receive training so that you will be properly prepared to carry out these duties.

Another challenge will be to learn to share your faith with others, if you are a Christian. (If you are not a Christian, this is a point where you might search yourself and see if God is calling you to finally make that commitment that you need to complete your life). We understand that learning to do this will not be a simple task.

I know that working a full-time job and completing your studies will be very hard for most of you, but it is the right thing to do.

If, by this point in your program, you are being given weekend visits with your family, you must write at least a 300-word report, describing the visit and how it made you feel. The report is due no later than the morning of the 5th day after the visit.

2. PHASE II – DISCIPLESHIP

Sixty one (61) days through 120 days (4 months).

- a. Recipient is never to be alone off campus without permission. Recipient must be accompanied off the complex with either another phase II or a phase III escort, unless on a job assignment or pass.
- b. Recipient must have permission to talk to anyone outside of the ministry unless in Sunday school, ministry functions, or church services.
- c. Recipient may have a maximum of **\$5.00** in pocket.
- d. Recipient may request and have passes. First pass is for 24 hours, each additional pass is for 48 hours.
- e. Recipient may have as many visits as request procedures allow.
- f. Recipient may seek outside employment.

Assigned Studies Phase II (Three 1 month segments)

1. Sixty one (61) through ninety (90) days (3 months).

- a. Read and study the Bible on your own.
- b. Do resentment charts on the 5 individuals on your list.

2. Ninety one (91) through 120 days (4 months).

- a. Choose 10 additional verses from the seekers manual and write a 100 word essay on each.
 - b. Read “A Shepherd Looks At The 23rd Psalm”. Write a summary on each of the first six (6) chapters. Summary must be at least 150 words per chapter.
 - c. Work through the 2nd step.
3. **121 days through 150 days (5 months).**
- a. Recipient is never to be alone off campus without permission. Recipient must be accompanied off the complex with either another phase II or a phase III escort, unless on a job or pass.
 - b. Recipient must have permission to talk to anyone outside of the ministry unless in Sunday school, ministry functions, church services, or work.
 - c. **Recipient may have a maximum of \$15.00 in pocket.**
 - d. Recipient may request and have passes.
 - e. Recipient may have as many visits as request procedures allow.
 - f. Recipient may have a personal vehicle if properly licensed and insured.
 - g. Begin developing Financial Advisor, Prayer Partner, Friend, and Pastor.

Assigned Studies (Last segment of Phase II)

1. Complete final 6 chapters of “A Shepherd Looks At The 23rd Psalm”.
2. Complete the 3rd Step.

3. PHASE III – DISCIPLESHIP TRAINING
Fifth month through Ninth month.

- a. Recipient will be accountable to staff for their whereabouts at all times.
- b. Recipient must have permission to talk to anyone outside of the ministry unless in Sunday school, church services, ministry functions, or work.
- c. Recipient may have a maximum of \$15.00 in pocket.
- d. Recipient must develop a relationship with his financial advisor, pastor, prayer partner, and friend.
- e. Must be tithing by this time along with saving 10% of your income...
- f. Must develop a list of bills and people you owe. Begin making restitution.

4. PHASE IV
Tenth month through one year.

- a. Recipient will start a bank account.
- b. Recipient will have no restrictions on the amount of money allowed in pocket.

- c. All restrictions on passes and visits are lifted (recipient must still let others know of their whereabouts).
- d. Recipient may attend any church desired (morning services).
- e. Recipient must still attend all Ministry functions such as Kid's Club, Seekers, etc.
- f. Recipient must be back home Sunday-Thursday evenings by quiet time.
- g. Recipient will have the four people in place. These are part of the support group you will need once you are back out in the world.

NOTE: Remaining accountable to a group of close Christian friends is vital to your remaining clean and sober. Choose these four individuals carefully. Once chosen place the individual's name, occupation, length of acquaintance, address, and phone number on a request slip and turn it in.

**** Phone calls made to these four individuals do not count toward your weekly phone privilege. The conversation must of course be related to their specific role in your recovery. The calls must be logged.**

1. **FINANCIAL ADVISOR** – An individual who will know your finances intimately and assist you in developing and following through on a financial plan. This person must be contacted on a weekly basis.
2. **PASTOR** – Each individual will find a Pastor they feel comfortable with. You must maintain a relationship with this Pastor
3. **PRAYER PARTNER** – You will maintain a close Christian relationship with this individual. They are to be contacted throughout the week. You will pray with this person either over the telephone or in person. Take great care in picking this person, for you need to make prayer a priority in your life. When you need your prayer partner they need to be available for you.
4. **FRIEND** – This person is not from the group or from your past. This person will not know your background. He will know you only as a Christian not as you were. As the relationship develops you may tell them of your past. You will remain in close contact with this person.

***NOTE** – Just as our Lord is full of grace, so can this ministry be. As long as you are making progress toward being a Christian, you may be granted privileges beyond those allowed in your phase. For example, after ninety (90) days you may apply for a pass. If you stay true to the program, God, and yourself, you will be treated accordingly. Remain true your old self and old ways, and you will be treated accordingly, during your brief stay here.